



LITTLE FOREST HILLS

JULY NEWSLETTER

WIN A
PRIZE!

LFHNA General Meeting
Tuesday, July 18, 2017 @ 7:00pm Parlor Room
Enter on Garden/San Saba side
White Rock United Methodist Church
1450 Old Gate Lane

MEET YOUR
NEIGHBORS

GET A
SNACK!!



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Little Forest Hills is a great place to live in Dallas! It's time for our third neighborhood meeting of the year. We are meeting in **The Parlor!** Thanks to WRUMC for allowing us to use their facilities. We look forward to seeing you at our next LFH NA General Meeting! **All residents who live in LFH are welcome, renters as well as homeowners.**

We hope everyone had a great time at the 16th Annual White Rock East Garden Tour, the "Painting Happened" Block Party, and our Annual 4th of July Parade. A **BIG SHOUT OUT** to all the dedicated LFH volunteers (your friends and neighbors) who made these awesome community events possible! **Thanks Y'all! :))**

We have invited our new NPO, Officer Nedra Wilson, to come talk with us if her schedule permits. If Officer Wilson can attend she will have approximately 15 minutes to share important and helpful information to folks who live in our community and then will have approximately another 25 minutes to take questions from our audience. Officer Wilson is excited about meeting you folks and is looking forward to this opportunity to build rapport with our neighborhood.

Attendance at this General neighborhood meeting will gain you a raffle ticket for an opportunity to win a cool door gift!

As always, we encourage you to bring your ideas and suggestions on how we can make positive improvements to Little Forest Hills.

Refreshments will be served.

Bulky Trash Set-Out Dates !!

July 6th-9th; Aug 3rd-6th; Sept 7th-10th;
Oct. 5th-8th; Nov 9th-12th & Dec. 7th-10th.

Pick-up starts the following Monday after the last set-out day.

For example, if the set-out dates are Oct. 6th-9th, then pick-up will begin Oct. 10th.

Co-Presidents' Message



Amy Ewell & Vail Fassett

Volunteer – It feels good!
Vail Fassett and Amy Ewell
LFHNA Co-Presidents 1/2014-12/2017

During the past few months we have enjoyed an awesome and very successful 16th Annual White Rock East Dallas Garden Tour, 3 wonderfully festive Wine-o-Group (WOG) neighborhood parties, the ever popular and funky 4th of July Parade, a very wet LFH Funky Fielders spring softball season and a Neighborhood Block Party where "Painting Happened". A great big **THANKS** to ALL the volunteers who help make these events so successful. :)

Other upcoming events include more Wine-o-Groups (WOG), Fall Funky Fielder Coed Softball (September), the East Dallas Artists Tour (October) and The Funky 4-K Run.

In order to provide these activities, we **NEED** your support. Volunteer today by contacting the Committee Chairs on the back of this newsletter. We currently have 1 open Committee Chairs Positions. The Animal Alert group needs a new Committee Chairperson(s) and more volunteers. The VIP Patrol Committee and 4th of July Parade and Garland Rd Median Beautification committees also need more volunteers and committee chairs.

During our October General Meeting, we will be voting on LFHNA Officers for 2018-2020.

We (Amy & Vail) will be stepping down as co-presidents but will remain on the board as Past-President(s). Rebecca McKinney will be stepping down after serving 4 years as Treasurer, but will remain available for advice/support. Our awesome VP's, Chris and Amanda Davidson are moving to Providence RI in August. Max & Denise will be rolling off the board but will remain as a nominating/legacy committee in addition to their many other volunteer commitments!

Thank You Max & Denise!

If you are interested in serving as an Officer or a Committee Chairperson, please contact any Board officer. **Chris or Amanda Davidson**(amandadavidson@ebby.com), **Albert Barbosa** (LFHCrimeWatch@gmail.com), Crispin Reedy (crispin.reedy@yahoo.com), **Susan Remele** (skrem8615@sbcglobal.net), **Max** or **Denise Davis**(maxdavis@gmail.com, denise2389@gmail.com), **Rebecca McKinney**(rebecca@rambs.com) or **Amy and Vail** (lfhneighborhood@swbell.net). Our contact info and phone numbers are also located on the back of the newsletter.

Association Calendar Fall 2017/Winter-Spring 2018

2017	2018
June 13th, 2017 LFH NA Board Meeting	Jan 2nd, 2018 Newsletter sent to Minuteman Press
July 18th, 2017 General Neighborhood Meeting	Jan 16th, 2018 General Neighborhood Meeting
Sept 11th, 2017 Newsletter Articles and Ads DUE!	March 12th, 2018 Newsletter Articles and Ads DUE!
Sept 12th, 2017 LFH NA Board Meeting	March 13th, 2018 LFH NA Board Meeting
Oct 2nd 2017 Newsletter sent to Minuteman Press	April 2nd, 2018 Newsletter sent to Minuteman Press
Oct. 17th, 2017 General Neighborhood Meeting	April 17th 2018 General Neighborhood Meeting
Dec 11th 2017 Newsletter Articles and Ads DUE!	
Dec 12th, 2017 LFH NA Board Meeting and Dinner	

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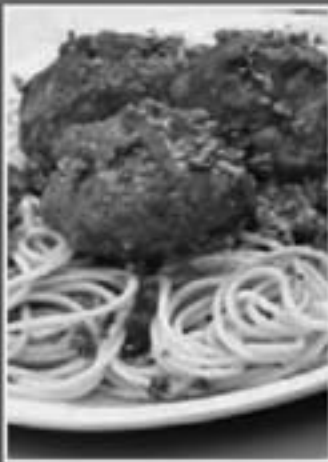
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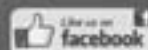
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YARD OF THE MONTH



May Yard of the Month

Little Forest Hills Neighborhood Association participates in a Yard of the Month Program. Walton's Garden Center sponsors the yard each month and provides the owners with a gift card to be used at their garden center.

The Yard of the Month chairman selects a yard based on curb side appeal and an effort to maintain and improve their property that contributes to the overall appearance in the community.

The purpose of the program is to recognize and support neighbors, to promote goodwill and to reward exemplary lawn and property maintenance in the neighborhood.

The upkeep of the yard can reflect the efforts of the residents themselves or that of a professional landscaper.

As Chairman of Yard of the Month, I have enjoyed the opportunity to meander through the neighborhood searching for a yard that stands out and deserves recognition. With such diversity in Little Forest Hills, recognizing just one a month is a difficult task.

If your yard is selected you will receive:

- *a gift certificate from Walton's Garden Center valued at \$25.00
- *the official Yard of the Month sign placed in your yard for the month
- *a picture of your yard in the neighborhood newsletter and Facebook page

Winners must be willing to have photos of their yard taken and published in the neighborhood newsletter, neighborhood FaceBook page and on the neighborhood association website.

Thank you to Walton's Garden Center for sponsoring the program and providing the gift card to our recipients.

I look forward to perusing the neighborhood in search for the next yard of the month. if you have a yard you would like to nominate for consideration, please send the address to kevowell@yahoo.com.

by Kevin Vowell



June Yard of the Month
8914 San Fernando Way

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NORTHEAST DIVISION
NEIGHBORHOOD POLICE UNIT

**Volunteers In Patrol
VIP**

Upcoming Training Dates

When: July 31st and August 1st, 2017
Time: 7:00pm-9:00pm
Where: Northeast Police Substation
3915 E. Northwest Hwy
Dallas, TX 75238
RSVP: Tuesday, July 25th, 2017

Copies of the requirements, application, and waivers can be found at:
<http://www.dallaspolice.net/communities/volunteerprograms.html>

You must attend all 4 hours of this class to be eligible to participate in the VIP program. If you would like to attend this training class YOU MUST have a completed VIP application no later than **Tuesday, July 25th, 2017**. Applications may be returned by email or mail to Officer Kevin Kelley (9419) at the Northeast Patrol Division.

The next Volunteers in Patrol training will be July 31st and August 1st from 7:00pm-9:00pm at the NE substation. Application and flyer is attached. Contact Officer Kelley for more information.
kevin.kelley@dpd.ci.dallas.tx.us

Save the Date: Funky 4K and Fall Festival

Everyone has a 5K or 10K, but only Little Forest Hills has a Funky 4K race and Fall Festival.

Save the date for our 7th Funky 4K race and Fall Festival event.

Date: September 30, 2017
Time: 4 - 6pm
Where: Old Gate and Eustis

This event is for all ages and has a little bit of something for everyone – running/walking, games, food, music, beer garden, a funky chicken and above all – FUN! Sign up information will be available shortly.

Interested in planning this event? Contact Max and Denise Davis at:

Max Davis - maxdavis1950@gmail.com or 214-404-6892
Denise Davis – denise2389@gmail.com or 713-894-6340




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2017 White Rock East Garden Tour A Success!



The 2017 Garden Tour was held on Sunday, May 21st and consisted of 9 gardens (3 in Little Forest Hills) and plant sale. The weather was typical for May with showers in the early morning, but sunshine for the balance of the day.

The three Little Forest Hills Gardens were hosted by:

Leslie Donovan – 8926 Redondo
Jennifer Sharp and Emily Points – 8623 Santa Clara
Ron Points – 8621 Santa Clara

The Tour is the largest fundraiser for the neighborhood and netted over \$6500 for each of the three neighborhoods. These monies are used to fund various projects in the neighborhood, including 4th of July parade, holiday donations, etc.

This event could not have taken place without our wonderful volunteers. A big thanks to the Garden Tour Committee and local artists for their participation.

If you are interested in being considered for next year's tour or know of someone you would like to recommend for next year, please contact Max or Denise Davis using the contact information on the back of the newsletter.



2016 Fix-It-Folks MVP Paul Heinemann

Paul joined our team a little over a year ago after retiring and looking for some fun way to fill his days.

He's become a very valued member of our team and has shown-up consistently to each and every work day, as well as, taking on minor individual repair jobs anytime we get a call for small details or something in need of immediate attention.

Nothing has been too minor or too large for Paul to object to. He willingly takes on any repair I have ever placed in front of him, and we owe him a world of thanks for his great attitude and his contribution to our team.

Congratulate Paul when you see him.

Viva Little Forest Hills !!!!!



July 4th Parade



Overnight rains couldn't keep participants and spectators away from the Little Forest Hills Fourth of July parade. The parade grows every year! Thanks to the Little Forest Hills Neighborhood Association for once again sponsoring this year's parade.

We couldn't do this without our volunteers. Thank you so much for the help with set up, serving and clean up. We love our volunteers! Without them and their hard work, this event would not be possible. The participants and spectators are amazing!

We were happy to have the **Tap Dazzlers** back with us this year. They put on a spectacular show. Thanks to the **East Dallas Witches** for their parade performance. We hope to make this an annual appearance. No event would be complete without the help of **Mike Schmidt** taking pictures – thank you Mike!

We are looking for new Coordinators that will put together next years' parade. Many, many thanks to Kim Vowell who has coordinated the 4th of July parade for many years. If you are interested in coordinating the event, please contact **Denise Davis** at denise2389@gmail.com or text me at 713-894-6340.

We have the BEST neighborhood in East Dallas!





MOSQUITO SEASON SAVE THE BIRDS AND THE BEES

by Melissa Riche

I moved to Dallas from Southern California in January, and the two things everyone warned me about when I got here were a) the hot and humid summers and b) the bugs, especially mosquitoes. I haven't had to deal with mosquitoes for a long time. My last SERIOUS encounter was when I was 11 and lived in a Paris (France!) suburb near a lake. My brothers invented a natural solution to killing the bloodsuckers: wrap a bed pillow up in plastic and throw it up at the bedroom ceiling where they congregated. I'm sure the landlord of the house wasn't impressed with the resulting carnage when we moved out but it was fairly effective at the time (we didn't have mosquito netting or screens).

I'm not a big fan of chemicals, especially if they kill everything else – bees, birds, etc. so my first question back to locals' inquiries has been 'what do you do?' I responded to the city notification to not have my yard sprayed – for the aforementioned reasons. But I'm also aware that there are many people who are fearful about Zika and West Nile Virus and for whom spraying the yard offers some comfort, however limited (the city can't get to your back yards).

A little bit of research uncovered alternatives – you likely know all these but it doesn't hurt to remind people:

- stay covered up if you're outdoors – and avoid dawn and dusk when mosquitoes are most active
- apply repellents to exposed skin
- use citronella mosquito repellent stick-on patches on clothing (I bought 76 for \$17 from Amazon) – they're portable and don't need to be applied to skin. I found citronella bracelets online too.
- burn citronella oil, candles, also lavender and eucalyptus on outdoor patios
- use a fan on your porch or patio – mosquitoes can't handle the breeze
- grow citronella and lavender plants in pots on your patios or porches
- don't let water gather on pathways, in tubs or planters. The downside of living in a 'hood with no sidewalks or gutters is that water sticks around in driveways. I've seen pools in driveway dips that could support fish... rainwater that collects and doesn't drain away. A couple of minutes with a broom will push stagnant water away
- Mosquito Bits: a natural, non-toxic addition to stagnant water – birdbaths, puddles, driveway water, etc. It's a microbial insecticide, sold in e.g. Home Depot, as well as online.

Website help:

Dallas City has a web page called 'Fight The Bite' with a lot of helpful info:

<http://www.dallascitynews.net/fightthebite>, including a homeowner's checklist for mosquito control (that doesn't mention driveway dips!). If you see standing water in public streets, at road corners, etc. call 311 and report the location.

Environmental Working Group (www.ewg.org) publishes a guide to bug repellents 'in the age of Zika':

<http://www.ewg.org/research/ewgs-guide-bug-repellents> but warns that none of them are 100% effective. It explains that although DEET is "much maligned", it's safer than most, and more effective than other substances in preventing bites. Just follow manufacturer's guidelines when applying, especially for children.

If you must spray your yard, find a company that will use natural ingredients, not toxic chemicals. I found this one in Dallas: www.mosquitosteve.com. Not a recommendation, as I've not used them – but just to show there are alternatives.

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Thank you for your support

Little Forest Hills Neighborhood Association

PLEASE CONTACT THE EDITOR SHOULD YOU HAVE
QUESTIONS REGARDING PLACEMENT
OF AN AD.
THANK YOU.

If anyone has any suggestions on this topic, please don't hesitate to share them.

Email: melissa@modmirage.com

Thank You Fraternal Order of Eagles (F.O.E.)

With very short notice, the F.O.E. generously provided the LFH NA a pleasant private meeting space for us to conduct our June Board meeting. The F.O.E. is aka "People Helping People"

The F.O.E. was founded in 1898 in Seattle. It includes nearly 800,000 members and more than 1,500 locations across the US and Canada. It is the proud founder of Mother's Day! Our local F.O.E. is located at the SE edge of LFH just off Lakeland and Arturo at 8500 Arturo.

The Fraternal Order of Eagles is an international non-profit organization, donating more than \$10 million a year to LOCAL communities, fundraisers, charities, and more. As part of its philosophy, the F.O.E. gives back 100% of monies raised in the form of grants. Fundraisers are conducted for eight major charities, including kidney, heart, diabetes, cancer and spinal cord injury funds, a children's fund, memorial foundation and the Golden Eagle Fund.

So you can feel good about where and how your \$\$ are used when you spend them at the local F.O.E! In addition to an awesome pool, they serve drinks and fresh grilled burgers, hot dogs, fries, etc. They are open every day, except for Mother's Day of course!

Newsletter Night: Bring your ideas and start writing an article with us!

by Robinson Tryon

Have you ever wanted to write an article for the LFH Newsletter, but weren't sure where to start?

JOIN us at our next "Newsletter Night," and get a head start on your first article!

At Newsletter Night we will:

- * Brainstorm new article ideas
- * Help you proofread and copy-edit what you've written
- * Boost your confidence in your writing

Articles don't have to be lengthy or complex. To get started, think about topics that interest you or your neighbors, and jot down some notes. If you're writing about a problem like mosquitoes, crime, or trash, try doing some research to see how other neighborhoods have dealt with these issues. Practical, inexpensive solutions that LFHers can implement themselves are always a great choice!

WHEN: Friday, July 21st, from 6:30pm - 8pm

WHERE: Bill & Deni Snyder's house -- 8821 Eustis Ave (on the corner of Eustis and Tavaros)

CONTACT: Robinson Tryon <bishop.robinson@gmail.com>

We'll see you there!

This project was conceived, by the LFH Arts Council led by Patrick Blaydes, to be a community project to help cars to slow down in our neighborhood, beautify our community and empower neighbors in creating a unique, creative place. I am a long time Burning Man artist, Expressive Arts Therapist and the focus of my work has always been community art which brings people together. I feel that community art concepts are only as strong as the community they represent and the LFH community has a long-standing creative spirit with support for the arts. So this was an amazing opportunity to unite my art with the needs of LFH and I was inspired to create something that expressed peace and unity.

This concept started with the purple tree is inspired by Klimt to represent the majestic trees in our LFH community. I grew up Buddhist, but felt surprised when it evolved into an image of the Buddha the moment before he became enlightened under the Bodhi Tree. Still Hindu, the Buddha is represented by Lord Ganesha, "who brings good luck, is worshiped as a remover of obstacles, the patron of the arts, culture and sciences as well as a source of intellect and wisdom."

-- lokaantar.com/en/articles/lord-Ganesha-source-perfect-beginning/

Lord Ganesha has his eyes half closed in meditation and his stance is one more common to the Buddha with one hand up towards the heavens and one down to the ground representing the union of everything as does the Om symbol on Lord Ganesha's palm.



Then on the community painting day, I experienced the magic of my art joining with the creative contributions of each person who generously painted their own heart. The sharing of each person's creativity, the contributions of beauty and the collection of the many heart leaves confirms again my dedication to community art and my love for the LFH community that is wonderfully generous with talent and time. Thank you to Sherwin Williams, Smoky Rose and all of you who support this project with: your kind words, your supportive gestures, your art and by slowing down when driving past this street mural to help with future street mural projects by the LFH Arts Council.

Community project to help cars to slow down in our neighborhood

What is Happening at the Arboretum?

Following are some important dates to remember:

Zimsculpt – Last day is July 31st. Zimsculpt is a world renowned exhibition of modern Zimbabwean stone sculptures, featuring over 100 items on display in the Garden.

August Dollar Days – Not a member of the Arboretum? Admission is \$1 for non-members during August. There are also \$2 hotdogs, root beer floats and more. Go to the Arboretum website for more details.

Fall Concert Series – The Cool Thursday concert series begins in September with the following tribute bands:

- September 7 – **A Hard Nights Day** – A tribute to the Beatles
- September 14 – **Kraig Parker** – A tribute to Elvis
- September 21 – **La Freak** – The greatest disco bank in the world
- September 28 – **Turnstiles** – The ultimate Billy Joel tribute band
- October 5 – **Emerald City** – Dallas' favorite variety band
- October 12 – **San Antonio Lights** – A tribute to Journey
- October 19 – **Satisfaction** – The international Rolling Stones show
- October 26 – **The Molly Ringwalds** – the world's greatest 80's tribute band

Tour des Fleurs race – The 12th annual Tour des Fleurs race will be September 16. Distances will be a quarter and a half marathon.

For more information on any of these upcoming events, go to www.dallasarboretum.org.

Goodbye Little Forest Hills

Twenty five years ago, my husband Bob, 4-year-old son Randall, and I moved to this most delightful area. Little did we know wonderful neighbors would become lifelong friends.

Many of us met volunteering for the White Rock East Garden Tour & Artisans. We all lead busy lives, but taking just a little time to get involved showed us the beauty of a small town inside a large city.

For 42 years I was "Bob and Lottie" and lived a wonderful roller coaster, Mickey Mouse, magical life with Bob as he designed and ran amusement parks all over the world. My Darling Bob died January 2, 2016 and when my world crashed you Dear Ones spent the last year and a half holding me up through the most terrible time of my life.

Now I must go find just "Lottie Kate" with Bob in my heart. I'm moving to Santa Fe, a place everyone loves to visit. We will always be in touch, but being with you in person is the best.

Thank you from the bottom of my heart for the love and friendship.

Lottie, Bob and Randall

LFH Funky Fielders Spring 2017

Our neighborhood coed softball team finished the Spring 2017 season with two wins and six losses. We had an unusual schedule this season, playing four double headers. As usual we ended the season with a party filled with food, friends and fun.

We will return for fall practice starting in August. Anyone interested in joining the team should contact Max Davis, at maxdavis1950@gmail.com, (214-404-6892).





Leslie Donovan
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ldonovan@briggsfreeman.com



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For the Love of the Lake FTLOTL

“For the Love of the Lake” will continue to host the Second Saturday Shoreline Spruce-up events every month. During the summer (June – August) we will not be open the other Saturday’s, except by appointment.

On every Second Saturday, the office is open from 8:00 am until noon, for volunteers to join in cleaning up the White Rock Lake shoreline.

Little Forest Hills has adopted a section of shoreline and invites you to join the LFH Team and help keep our section clean. Contacts are on the back of the newsletter, for more information.

FTLOTL also has a new website at www.whiterocklake.org. Check it out.



We will be participating in the North Texas Giving Day, on September 14th. Please consider donating to this worthy organization. You can also donate from the website, at any time.

Summer Storms Flush Trash Into White Rock Lake

Do you love the lake?

Volunteer with us and help keep the lake beautiful all summer long!

Over the past few weeks, intense rains have flushed tons of trash into White Rock Lake. As large tree stumps and whole logs have floated down from White Rock Creek, plastic bottles, wrappers, straws, tennis balls, and even abandoned, broken shopping carts have made their way out into the main water body.

Although some of the trash will navigate through the system and out the other side, a good deal of floating debris has washed up on the banks of the lake or gotten fouled-up in the reeds, and will need some assistance to be cleaned up.

Our neighborhood's very own LFH Trashtalkers Team maintains a section of the White Rock Lake shoreline. Volunteering is a cinch – it just takes a couple of hours to clean our area, and you can join us once or twice a year.

For the Love of the Lake provides snacks, coffee, and all the equipment we'll need to remove litter.

Interested in joining us on the shoreline for one of our next cleanups?

Sign up online: <http://bit.ly/2ivShvQ> Or email us at [<lfhtrashtalkers@gmail.com>](mailto:lfhtrashtalkers@gmail.com)



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Funky 4k Race

Frank & Debra Cortese
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Important Numbers to Remember

Neighboring Policing Officer

Nedra Wilson
214-670-4415

Code Compliance Rep:

Michelle Lowe
214-671-0320

City Council Member District 9

Mark Clayton
214-670-4069
mark.clayton@dallascityhall.com
Gloria Sandoval-assistant
214-670-4069

Sex Offender Watch & Update

www.icrimewatch.net

Questions?
Email us at
lfhnewsletter@gmail.com

There are four churches representing four denominations in Little Forest Hills. If you don't have a church home, you are welcomed and invited to attend.

El Devino Salvador

Presbyterian
8822 Angora
214- 327 - 6310

Lake Pointe Baptist Church

9150 Garland Road
214- 324 - 1425

St. Bernard's Catholic Church

1404 Old Gate
214 - 321 - 0454

White Rock United Methodist Church

1450 Old Gate
214- 321 - 0454